

Cree Women of Eeyou Istchee Association Presents

# Well Nest

## Couples' Retreat

*We invite you and your spouse/partner to a land-based getaway to recharge & reconnect through elders' teachings*

---

**Waswanipi  
Old Post, QC**

---

**September  
12th-16th 2022**

**To register, please contact  
Dayna Bobbish via email  
[assistantwellness@cweia.ca](mailto:assistantwellness@cweia.ca)**